

# EXTENSION MINUTE

## EXTENSION IS.....

North Carolina Cooperative Extension transforms science into everyday solutions for North Carolinians through programs and partnerships focused on agriculture and food, health and nutrition, and 4-H youth development. Our mission is to extend research-based information to individuals that will improve their lives and grow our state. We are the trusted, go-to resource for connecting research and education to the communities, economies, and families of our state, creating prosperity for all North Carolinians.

Leveraging the partnership of the United States Department of Agriculture, National Institute of Food and Agriculture, our state's two land-grant universities – NC State University and North Carolina Agricultural and Technical State University – and our local county governments, we are positioned to identify issues, research new solutions, and transfer those results back into our local communities, translating knowledge into everyday applications.

## UPCOMING PROGRAMS:

### FOOD AND CONSUMER SCIENCES

**Stitchin' with Extension** – Want to learn how to sew or improve your current skills? Then this is the series for you! Classes are September 7, 14, 21, 28, and October 5 with two options to attend from 3:00 p.m. – 5:00 p.m. or 6:00 p.m. – 8:00 p.m. Deadline to register is September 1.

**LIFT (Lifelong Improvements through Fitness Together)** Program is a group-based strength training program for adults 55+. Sessions are held one hour twice a week over the course of eight weeks. Classes will be September 13 – November 9. 10:00 a.m. – 11:00 a.m. Deadline to register is September 1.

## Take Advantage of Soil Testing

Soil testing is a service provided by the North Carolina Department of Agriculture & Consumer Services (NCDA&CS) at their Agronomic Division in Raleigh that will assess the present levels of major plant nutrients, soil pH, and micronutrients. You can pick up free kits at your local Extension Center. Samples are currently through the end of November. For more info, visit <https://www.ncagr.gov/agronomi/>.

## 4-H

Interested in your child getting hands-on experience with activities, learning and improving leadership skills, public speaking, decision making, and goal setting? Register for 4-H online at: <https://v2.4honline.com>

Download the 4-H Now! app to see our calendar of upcoming events, read about our past events on our blog, check out our photos, see the social media, and even register for upcoming programs

**Deadline to drop off Artistic Entries**  
September 11

**Junior Master Gardener 4-H Club Meeting**  
September 12, 5:30 p.m. – 9:30 p.m.

**Young Leaders 4-H Club**  
September 26, 6:30 p.m. – 8:30pm

**Egg-Cellent Egg Contest** - This contest is for 4-H members who have a flock of chickens that are currently laying eggs. September 8 is the deadline for registration

Registration:  
[go.ncsu.edu/2023eggcontestregistration](https://go.ncsu.edu/2023eggcontestregistration)

## Volunteers

Have an interest in being a volunteer? We are always seeking community partners to join in on the fun to make our programs and reach more effective. Interested in working with youth, sharing your love for environmentally friendly landscapes, or hosting an on-farm demonstration? We have lots of ways to use volunteers, so contact us for more information.

## Agriculture

**Pesticide Recertification Classes**  
September 26, 10:00 a.m. – 12:00 p.m.  
private applicator recertification training (2 hours).

September 26, 1:00 p.m. – 3:00 p.m.  
Spray Drift Management Training is approved for category X for private applicator recertification and in categories A, B, D, G, H, I, K, L, M, N, O, and T for dealers and commercial applicators.

## Robeson County Beekeepers Association

Meeting September 19, 6:30 p.m.

**DEQ Public Hearings - The North Carolina Department of Environmental Quality (DEQ)** will hold multiple public hearings and a 90-day comment period on six draft Animal Feeding Operations general permits. These general permits are for eligible non-discharge swine, cattle, and poultry facilities with liquid waste-management systems and animal feeding operations with farm digester systems. Public input received at the events and through Nov. 3, 2023, will be considered in the development of the general permits, which will become effective in fall 2024.

Details can be found at: <https://www.deq.nc.gov/animalpermits2024>

## Meat Rabbit Workshop

Monday, October 23. 6:00 p.m.

## Robeson Regional Agricultural Fair

September 29 – October 7, 2023

**Robeson County Agricultural Awareness Day** – October 17-19, this three-day event is a partnership between North Carolina Cooperative Extension, Robeson County; Farm Bureau; Women's Committee; AgCarolina Farm Credit; NC Department of Agriculture and Consumer Services; and the Public Schools of Robeson County that will provide an educational opportunity for all third-grade students in the county to learn about the importance and contribution agriculture plays in our everyday lives.

## Contact us for more information

 910-671-3276

 <https://www.facebook.com/RobesonCooperativeExtension>

 455 Caton Road Lumberton, NC

 <https://robeson.ces.ncsu.edu/>