

# EXTENSION MINUTE

## EXTENSION IS.....

North Carolina Cooperative Extension transforms science into everyday solutions for North Carolinians through programs and partnerships focused on agriculture and food, health and nutrition, and 4-H youth development. Our mission is to extend research-based information to individuals that will improve their lives and grow our state. We are the trusted, go-to resource for connecting research and education to the communities, economies, and families of our state, creating prosperity for all North Carolinians.

Leveraging the partnership of the United States Department of Agriculture, National Institute of Food and Agriculture, our state's two land-grant universities – NC State University and North Carolina Agricultural and Technical State University – and our local county governments, we are positioned to identify issues, research new solutions, and transfer those results back into our local communities, translating knowledge into everyday applications.

## Take Advantage of Soil Testing

Soil testing is a service provided by the North Carolina Department of Agriculture & Consumer Services (NCDA&CS) at their Agronomic Division in Raleigh that will assess the present levels of major plant nutrients, soil pH, and micronutrients. You can pick up free kits at your local Extension Center. Samples are currently free through the end of November. For more info, visit <https://www.ncagr.gov/agronomi/>.

## UPCOMING PROGRAMS:

### FAMILY AND CONSUMER SCIENCES

**LIFT (Lifelong Improvements through Fitness Together)** – Program is a group-based strength training program for adults 55+. Sessions are held one hour twice a week over the course of eight weeks. Classes are September 13 – November 9. 10:00 a.m. – 11:00 a.m.

## 4-H

Interested in your child getting hand-ons experience with activities, learning and improving leadership skills, public speaking, decision making, and goal setting? Register for 4-H online at: <https://v2.4honline.com>

Download the 4-H Now! app to see our calendar of upcoming events, read about our past events on our blog, check out our photos, see the social media, and even register for upcoming programs

**Junior Master Gardener 4-H Club Meeting**  
October 10, 5:30 p.m. – 9:30 p.m.

**Young Leaders 4-H Club**  
October 24 6:30 p.m. – 8:30pm

## Agriculture

**Robeson Regional Agricultural Fair**

September 29 – October 7, 2023

**“Linking Small Farmers to USDA”**

Wednesday, October 4

1:00 p.m. – 4:00 p.m.

**Robeson County Beekeepers Association Meeting**

Tuesday, October 17 6:30 p.m.

**Meat Rabbit Workshop**

Monday, October 23

6:00 p.m. – 8:00 p.m. **Register** by

October 21

## Volunteers

Have an interest in being a volunteer? We are always seeking community partners to join in on the fun to make our programs and reach more effective. Interested in working with youth, sharing your love for environmentally friendly landscapes, or hosting an on-farm demonstration? We have lots of ways to use volunteers, so contact us for more information.

## Homegrown Mushrooms

Saturday, October 28

9:03 a.m. – noon

Registration is required. There is a \$20 fee for the class. It can be paid by check or money order at the Extension Center.

## Beef Repo Series

November 28, 9:00 a.m.

Sampson County Livestock Arena, 55 Agriculture Place, Clinton, NC. [Register](#) online by November 21.

**Robeson County Agricultural Awareness Days** – October 17-19, this three-day event is a partnership between North Carolina Cooperative Extension, Robeson County; Farm Bureau, Women's Committee; AgCarolina Farm Credit; NC Department of Agriculture and Consumer Services; and the Public Schools of Robeson County that will provide an educational opportunity for all third-grade students in the county to learn about the importance and contribution agriculture plays in our everyday lives.

## Animal Waste Management Operators

There will be an opportunity to attend a six-hour class on November 30, 2023, from 9:00 a.m. to 4:00 p.m., with a break for lunch. You can also attend this class if you need partial credit (1 or 2 hours). Classes will be held at North Carolina Cooperative Extension, Robeson County Center, located at 455 Caton Road in Lumberton, North Carolina.

Registration deadline for in-person class is November 29.

To register use the following link:

<https://go.ncsu.edu/wastemgm>

## Contact us for more information

 910-671-3276

 <https://www.facebook.com/RobesonCooperativeExtension>

 455 Caton Road Lumberton, NC

 <https://robeson.ces.ncsu.edu/>